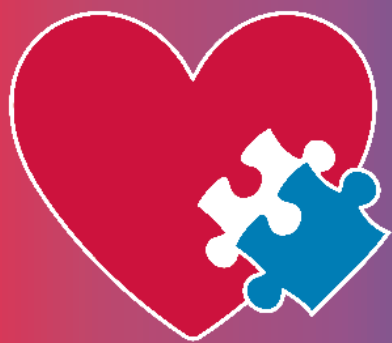


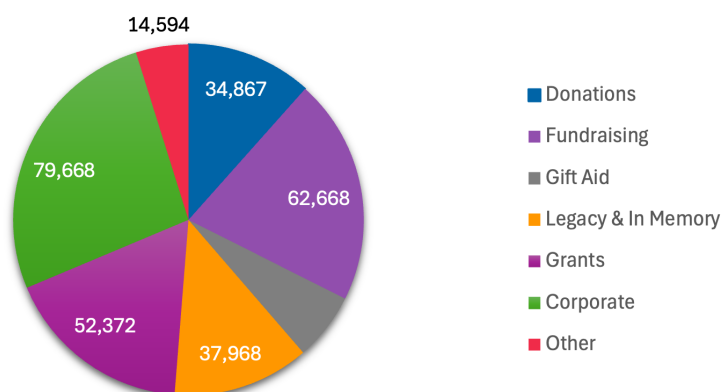


Little Hearts Matter 2025 at a glance

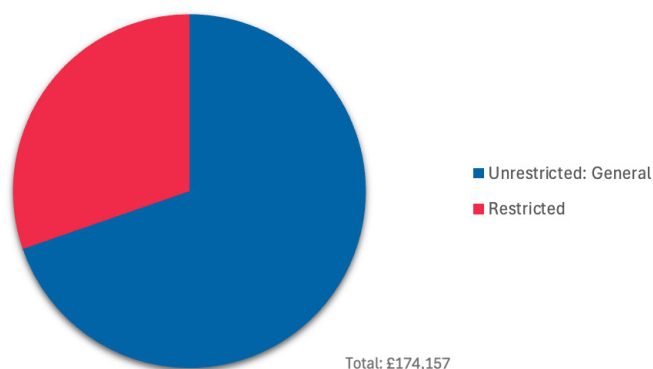
Supporting Families with Half a Working Heart –
Our Impact in 2025

Mission Statement: To provide a support and information service that reduces the isolation, fear and the lack of understanding experienced by families when a child is diagnosed with having half a working heart.

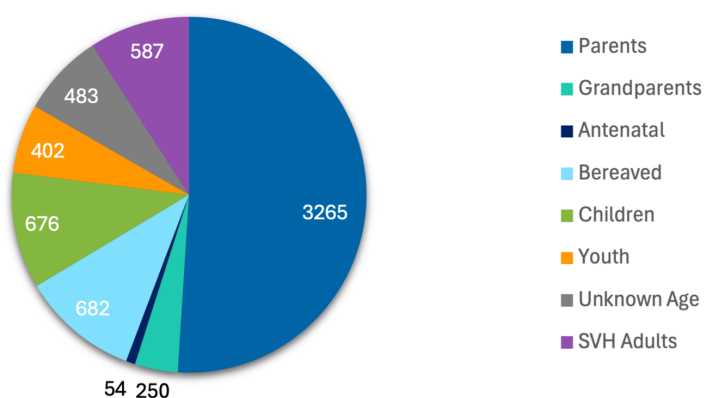
General Fund fundraising (£)



Composition of total charity funds



Membership breakdown



* Full financial statements are available online

“The support that LHM gives helps navigate systems that before diagnosis we knew nothing about...helping our child thrive rather than just survive”

Supporting families at every stage of their half a heart journey

Our community came together and gave over 2500 hours of support!

Youth Voice & Empowerment



- **400 youth reached**
- **After the youth event:**
 - 90% were more confident explaining their heart condition.
 - 80% were more confident managing their energy levels.
 - 90% were less stressed about their heart condition.

Youth App: 214 users

Support Services



- **700+ parents supported in group and online sessions**
- **115 youth 1-1s**
- **18 antenatal families supported**
- **682 bereaved members**
- **250 grandparents**
- **587 SVH adults supported**
- **40 youth group sessions**

Events, Volunteers & Resources



- **2418 volunteer hours contributed to supporting parents**
- **110 volunteer hours contributed to supporting youth members.**
- **6,035 LHM newsletters, 358 kidz comics and 407 youth newsletters.**
- **32 Fontan balloons**
- **1,614 Birthday Cards**

New Info in 2025

- Youth Mental Health
- Youth Body Image
- Youth Further Education

Welcome to the LHM Youth Lifestyle Section

Advocacy & Awareness

LHM Awareness Week

In 2025 Little Hearts Matter centred our Awareness week around adults with half a working heart. Sharing their stories, successes and challenges.

2025 BCCA Conference

In 2025 LHM gave a talk at the British Congenital Cardiac Association's annual conference. Reviewing the LHM symposium with medical professionals nationwide and the need to focus on a national pathway post fontan.



Collaboration

The Nine Panels Comic

LHM collaborated with 'VeryNice' to create Heart/Work. A nine panel comic that shared stories shared by SVH adult members, amplifying their voices. This comic reached over 90,000 people on social media, with an estimated overall media reach of 3 million.

CHAT2MA app

LHM continued its support in the development of the CHAT2MA app, a new monitoring and reporting app for parents, which is being co-led by Kerry Gaskin, Professor of Congenital Cardiac Nursing at Birmingham City University.



In Sam's Memory: The Tucker Family's Marathon for Little Hearts Matter

When Harry Tucker had the opportunity to nominate a charity for his employer, HPE, his choice was a charity that had supported his family for over 20 years. Inspired by his brother Sam, who lived with Hypoplastic Left Heart Syndrome, Harry nominated Little Hearts Matter. Sadly Sam died not long after Harry's nomination, at just 23 years old. The wonderful team at HPE Bristol rallied together: they ran, baked and volunteered to raise over £30,000 in Sam's memory.

However, the Tucker family didn't stop there. For over 15 years Sam's mum Lisa had entered the London Marathon ballot, with a dream of completing this iconic run. In 2025 she became one step closer to her dream as she secured a coveted spot in the Marathon. Lisa said "I like to think Sam had a hand in getting me the ballot place. I really want to help raise some money for Little Hearts Matter who helped us throughout Sam's life & help his memory live on."



Just a week before the event, Lisa suffered from an ankle injury. Spurred on by her purpose, Lisa completed the run and raised over £2,000 in a fantastic tribute to Sam.

The fundraising baton has now been passed to Sam's Aunty, Amy. Inspired by her sister's efforts and the memory of her nephew, Amy has decided to take on the next London Marathon.

Thank you

Thank you to everyone who made this year possible; our incredible members, dedicated fundraisers, generous volunteers, and committed partners. We couldn't do it without you.

Little Hearts Matter

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