



# Little Hearts Matter

Supporting every step of the half a heart journey



## Annual Impact Report 2023



# Chief Executive Welcome

It is clear that 2023 has been a year of significant change and achievement for Little Hearts Matter. Stepping into the role of Chief Executive at the end of 2023, I am honoured to continue the incredible legacy built by Suzie Hutchinson MBE and the dedicated team at Little Hearts Matter.

Over the past twelve months, our focus was not only on maintaining our core services but also on planning for future growth. As we move forward, we will continue to enhance our support for families, address the evolving needs of our members, and strengthen our community.

2024 marks our 30th Anniversary, and I am excited to work alongside our exceptional team, dedicated volunteers, and supporters. Together, we will build on our achievements and strive to create a better future for those we serve. Thank you for your continued support and belief in our mission.



**Lisa Davies, Chief Executive**

## Chair's Message

2023 has been a year of significant change and achievement for LHM. We navigated a key leadership transition with the appointment of a new Chief Executive, relocated our office, and expanded our services for both young and adult members. Despite the ongoing challenges of the cost-of-living crisis, our commitment to supporting families affected by single ventricle heart conditions remained unwavering, helping them to overcome isolation and access vital information and support.

Suzie Hutchinson MBE, who served as Chief Executive for nearly 30 years, has transitioned to the role of Head of Services. Her exceptional contributions were honoured with an MBE in the King's Birthday Honours. We are excited to work with Lisa Davies, our new Chief Executive, as we continue to build on the strong foundation laid by Suzie.

Our dedicated team and volunteers ensured that despite one-off costs from the leadership change and office move, our financial health remains robust. These strategic moves have not impacted our essential services. As we approach our 30th anniversary, we are focused on expanding and enhancing our support for families, children, and adults living with single ventricle heart conditions.



**Warren Manger, Chair**

# The impact LHM has made in 2023

**1,800**

members supported  
through closed  
Facebook groups

**16**

unique users of  
our youth hub  
(7-17 years old)

**6**

SVH Adult Council  
members

**29**

Antenatal support  
packs sent

**4**

youth mentors,  
volunteering  
**20 hours**

**5**

Educational Sessions  
delivered at the  
Online Open Day



The 'LHM Kidz'  
service began

**100%**

of the Single Ventricle  
Heart Adults surveyed  
after the summer event  
said their isolation  
was reduced

**292** volunteering  
hours given to LHM



We have helped support **16 appeals** and  
**24 initial applications** with disability living  
allowance (DLA) and personal independence  
payment (PIP)



**6**

online parent  
workshops delivered

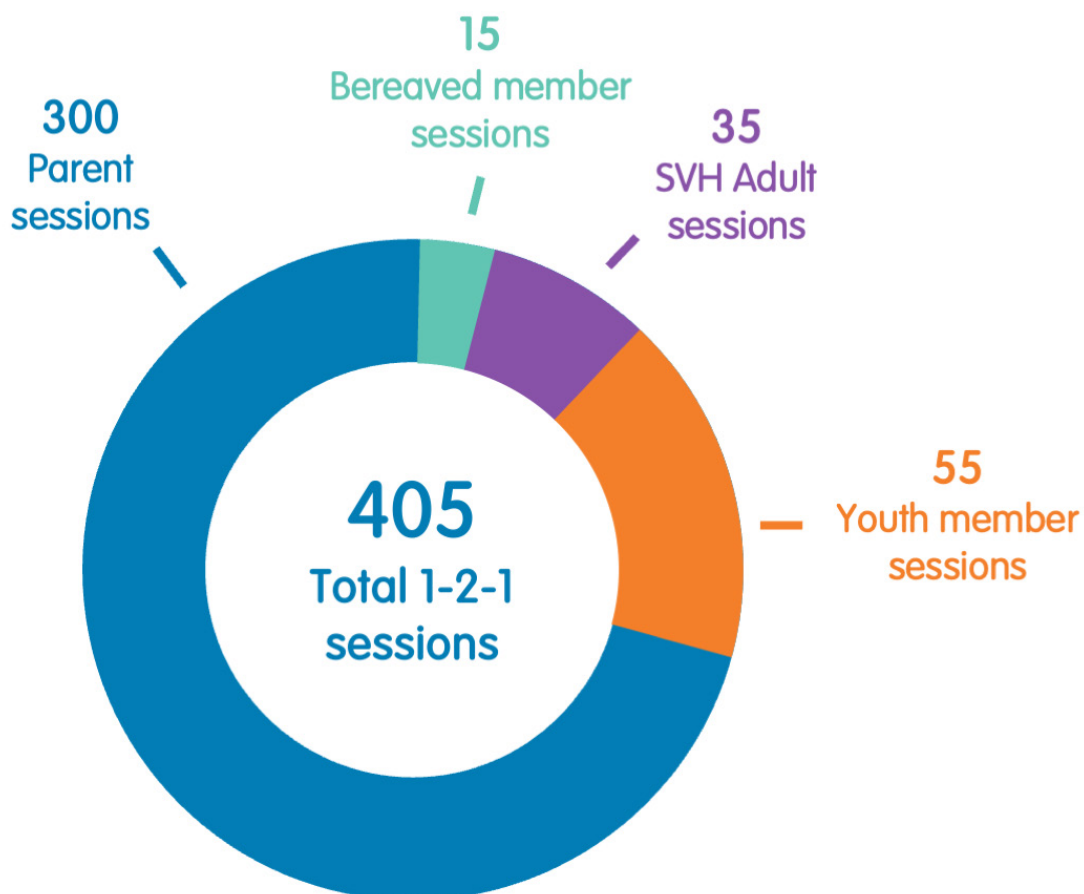
**2**

support line volunteers



## Our members

### Who we have supported with 1-2-1 sessions







"Just very grateful you exist! Life with Hypoplastic Left Heart Syndrome would feel very different if we didn't have Little Hearts Matter"

-  
**LHM Parent**



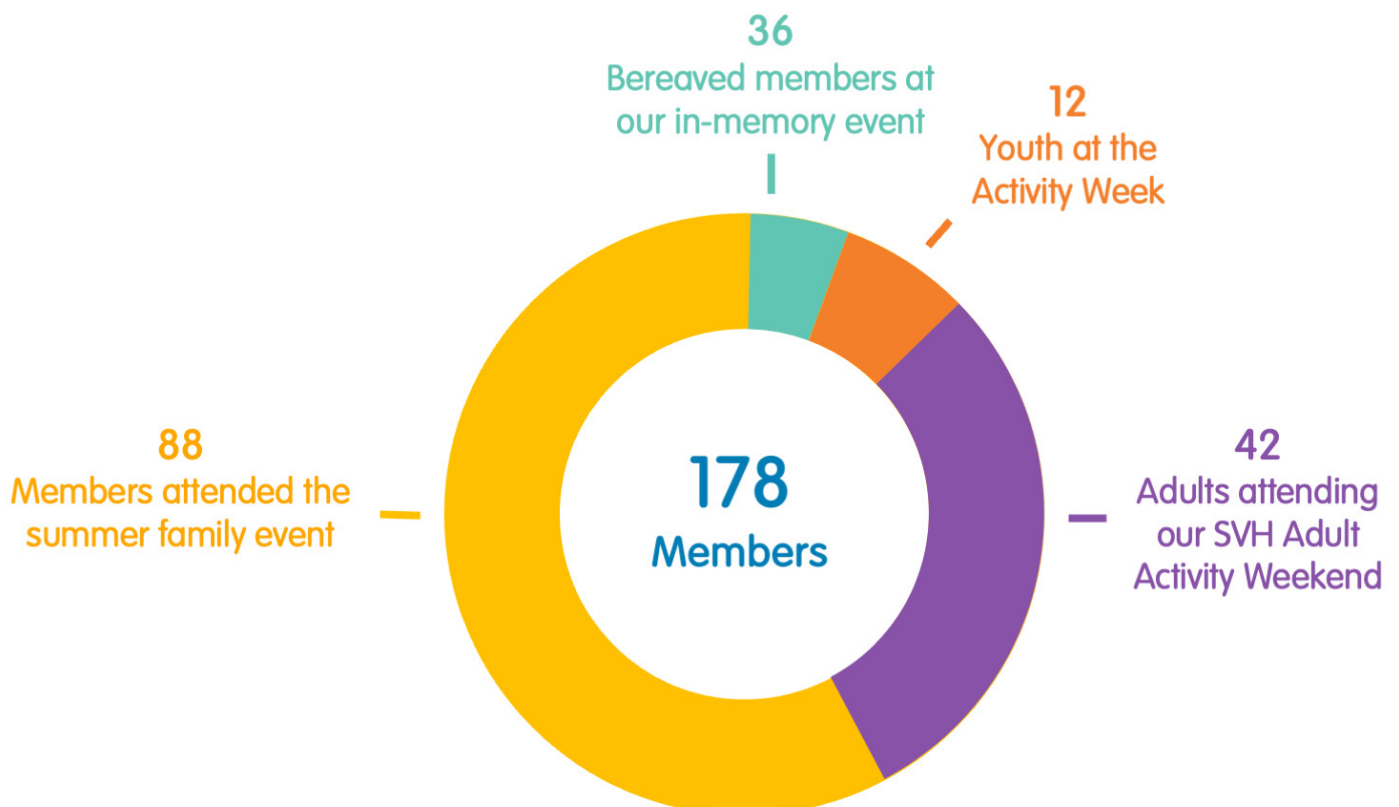


"Thank you so much to Little Hearts Matter, for everything you do for all of your members. We would feel so alone and so isolated without this amazing charity."

-  
**LHM Parent**

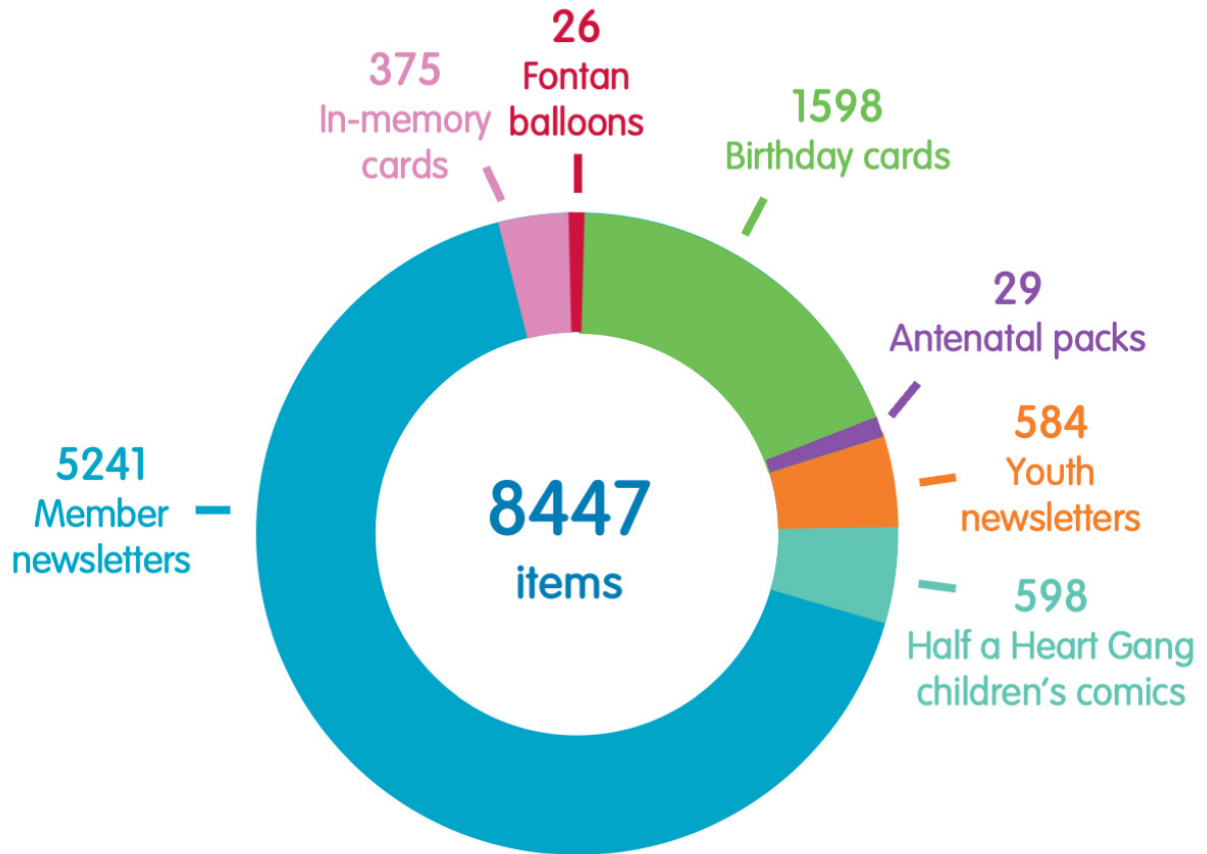


## Who came to our events





## What we sent to our members



**SVH Adult members**

"Our daughter was struggling with being different and has used the adult chat for a long time. It was great to watch her make the connections face to face (at the LHM event)."

—  
**Father of a young adult member**

"I enjoyed meeting new people who can relate to me in a way that my other friends don't."

-

**Youth member**



"For once I didn't feel like the odd one out."



**Youth members at the LHM activity weekend**



**Child member, George.**

"George loves the Youth Hub and chat days. He feels part of the group and less lonely. These sessions have really helped his confidence grow. He is really looking forward to the new Zoom meeting to meet to his friends. George enjoys receiving the Heart Gang comic. It contains some useful information which has helped him to gain confidence and independence about his condition plus there are fun activities to do.

Thank you, Little Heart Matters, for all your support "

-

**Hannah, mum to George**



# Trustee's Message

This set of abbreviated accounts for the financial year has been extracted from the full set of accounts for Little Hearts Matter, which has been subject to an independent examination and is available from the LHM office or website and Companies House

As of 31 December 2023, Little Hearts Matter (LHM) had 5,485 members. Total reserves stood at £398,164, with £145,181 in the general fund. The charity aims to maintain reserves covering three to six months of expenditure, currently holding approximately four months.

Income for 2023 was £446,659, consistent with the previous year, demonstrating resilience amidst economic challenges. Expenditure increased by 22% to £504,457, driven by leadership role changes, expanded fundraising efforts, activity weekends for members, and relocation costs.

The growth in Charity membership in recent years has led to increased demand for the various services offered. One key focus area is the increasing age of the children with single ventricle conditions and this has led to the next stage of the Charity's strategy – "Creating a Better Future". The Charity will continue to provide and expand on the services to families of the younger affected children as well as to bereaved families, but will also look to build these services and develop new support into a full roadmap as young people enter adulthood.

**Thank you to everyone who supports  
Little Hearts Matter and our membership.**



# Statement of Financial Activities

	Unrestricted Funds General (£)	Unrestricted Funds Designated (£)	Restricted Funds (£)	Total funds for year ended 31 December 2023 (£)	Total funds for year ended 31 December 2022 (£)
<b>Incoming resources</b>					
Donations	89,840	21,000	595	<b>111,435</b>	119,420
Fundraising	111,616	-	-	<b>111,616</b>	94,449
Corporate/grant funders	85,314	-	114,853	<b>200,167</b>	210,449
Tax refunds	18,264	-	-	<b>18,264</b>	14,412
Income from sale of merchandise	5,177	-	-	<b>5,177</b>	4,725
<b>Total incoming resources</b>	<b>310,211</b>	<b>21,000</b>	<b>115,448</b>	<b>446,659</b>	<b>443,455</b>
<b>Resources expended</b>					
Costs of generating funds	11,710	-	-	<b>11,710</b>	11,169
Charitable activities	358,688	10,615	123,444	<b>492,747</b>	402,117
<b>Total resources expended</b>	<b>370,398</b>	<b>10,615</b>	<b>123,444</b>	<b>504,457</b>	<b>413,286</b>
<b>Net movement in funds</b>	<b>(60,187)</b>	<b>10,385</b>	<b>(7,996)</b>	<b>(57,798)</b>	<b>30,169</b>
<b>Fund balance at 31 December 2022</b>	205,368	80,521	170,073	<b>455,962</b>	425,793
<b>Fund balance at 31 December 2023</b>	145,181	90,906	162,077	<b>398,164</b>	455,962



# Balance Sheet

	As at 31 December 2023 (£)	As at 31 December 2022 (£)
<b>Fixed assets</b>		
Intangible fixed assets	16,190	22,172
Tangible fixed assets	1,964	2,723
	18,154	24,895
<b>Current assets</b>		
Debtors	19,846	26,272
Cash at bank and in hand	385,563	422,434
	405,409	448,706
<b>Creditors:</b>		
Amounts falling due within one year	(25,399)	(17,639)
Net current assets	380,010	431,067
<b>Net assets</b>	<b>398,164</b>	<b>455,962</b>
<b>Funds</b>		
Unrestricted Funds:		
General	145,181	205,368
Designated	90,906	80,521
	236,087	285,889
Restricted Funds:	162,077	170,073
	<b>398,164</b>	<b>455,962</b>

# The LHM Team



Lisa Davies  
Chief Executive



Suzie Hutchinson MBE  
Head of Services



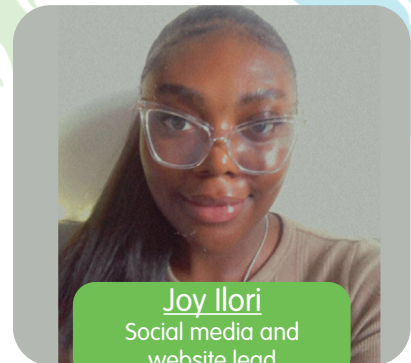
Lexie Katsaitis  
Head of Youth Services



Olivia Hutchinson  
Child Support Lead



Sharna Douglas George  
SVH Adult Services Lead



Joy Ilori  
Social media and  
website lead



Paula Hughes  
Administration Assistant



Tracy Eley  
Office Manager



Beckie Clarke  
Creative Designer



Juliet Hanlon  
Fundraising Coordinator



Liz Hodson  
Fundraising manager



Rebecca Wilkes  
Grants and Trusts  
Manager

## Little Hearts Matter

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@LHM\_UK



Littleheartsmatter



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