

Life with half a working heart

MYTHS AND FACTS

MYTHS

A person can't survive with just half a heart



People living with half a heart are alive because surgeries make one side of the heart do the job of two.

It's as easy as "Just stay positive"



Single ventricle heart conditions, impact many aspects of daily life. You might not see the challenges, but they exist, always.

Having surgery means they are 'fixed now' right?



Single ventricle heart conditions are lifelong illnesses. Surgery can **treat** but it cannot **cure**.

FACTS

Sometimes, my skin will turn blue



people with half a heart have an unusual blood circulation that stops them from getting the oxygen they need.

You can't see my scars, but I have them for life



If you could see the scar along my chest, you would get it. Most people with half a heart have multiple open heart surgeries throughout their life!

Half a heart doesn't have to mean half a life



With the right support and empowerment, people with half a heart can thrive, not just survive.

How you can help people with half a heart

Go to
lhm.org.uk

Visit the Little Hearts Matter website to learn more about the charity and the people we support.

Raise
Awareness

Go to lhm.org.uk to download our free tools and resources to help you raise awareness.

Fundraising
for LHM

LHM needs money to provide its much-needed services. To support us go to lhm.org.uk/support-us



Registered charity number: 1123290