

How to make your own elf hat:

- 1. Get creative! Colour in or decorate your special elf hat.
- 2. Ask a grown up (or adult elf!) to help you carefully cut it out.
- 3. Ask them to also measure all the way around you head and cut out a strip of card with an extra 2cm - 3cm.
- 4. Lay the strip of card on a table, glue the base of the inside of your elf hat and stick it to the centre of the strip.
- 5. When it's dry place the ends of the card strip together and glue them to create a headband.

6. When the glue has dried you're almost ready to wear it and show yourself as an elf!

Once you have finished, ask an adult to take a picture of you wearing your elf hat and post it on social media, on 12th December, to share efforts as an 'Elf on the 12th' for Little Hearts Matter. Don't forget to tag LHM too!

FaceBook: littleheartsmatter

Twitter: @LHM UK

Instagram: @littleheartsmatter



A company limited by guarantee (06442071) and a registered charity (1123290) in England and Wales

Here's what you will need:

- Colouring pencils, pens, paint, glitter or decorations,
- A strip of card
- Tape measure
- Safety scissors



