

# Publications Order Form -

Professional and non-members

Medical booklets are free to medical professionals but we do have to charge postage for sending them.

All lifestyle booklets have a small charge for each booklet including postage.



## Little Hearts Matter

Publication Title	Price	Quantity	Total
<b>Medical and lifestyle filofax</b> (updated 2014) - plastic filofax which contains information on single ventricle heart conditions, possible treatments and lifestyle information.	<b>Free</b> P&p per booklet £2.72 11-15 booklets £11.70		
<b>Antenatal information booklet</b> - this antenatal information booklet has been produced for expectant parents who have received a diagnosis of a single ventricle heart condition during a routine pregnancy scan.	<b>Free</b> P&p per booklet £0.96		
<b>Preparation for hospital booklet</b> - a booklet designed to help parents to prepare their children for a hospital visit. It also includes some practical tips which other parents have found useful in the hospital environment.	£3.00 each (incl p&p)		
<b>Jessica has a heart operation</b> Written and illustrated by mum Louise, 'Jessica has a heart operation' is to help prepare children going into hospital for an operation.	£2.50 each (incl p&p)		
<b>Jack has a heart operation</b> Written and illustrated by mum Louise, 'Jack has a heart operation' is to help prepare children going into hospital for an operation.	£2.50 each (incl p&p)		
<b>The Fontan procedure or Total Cavopulmonary Connection booklet</b> - this booklet provides information on the operation, what you can expect to happen when you go into hospital and the changes you may notice afterwards.	<b>Free</b> P&p per booklet £0.96		
<b>MCT diet - information booklet for parents</b> - this booklet is designed to be used in conjunction with the information from your dietitian and aims to provide further recipe ideas, useful food ideas for families by providing practical information.	<b>Free</b> P&p per booklet £0.96		
<b>Heart transplantation - a guide for families booklet</b> This booklet provides an introduction to transplantation. The aim is to help anyone facing this treatment to gain a greater understanding of the assessment process, surgery and an overview of the risks involved.	£2.00 each (incl p&p)		
<b>Education Booklet - Early Years and Infant School</b> - this booklet is part of a series to help children with a single ventricle heart condition make the most of their education and covers early years and infant school.	£3.00 each (incl p&p)		
<b>Education Booklet - Junior School</b> - this booklet is part of a series of resources to help families positively face the challenges that single ventricle heart disease creates for children in school. It concentrates on the middle years in school and looks at the transition between Key Stage 2 and Key Stage 3.	£3.00 each (incl p&p)		
<b>Education Booklet - Transition to Secondary School</b> - this booklet has been created to help children and parents to plan the move into secondary school and to build a partnership between school and home life.	£3.00 each (incl p&p)		

Continued overleaf...

Publication Title	Price	Quantity	Total
<b>Education Booklet - Key Stage 3, Secondary School, Years 7 &amp; 8</b> - this booklet has been created to help young people and parents to achieve as much as they can from school life in Years 7 & 8.	£3.00 each (incl p&p)		
<b>Education Booklet - Key Stage 3 &amp; 4, Secondary School, Years 9 - 11</b> - this booklet has been created to help young people and parents weigh up the opportunities and choices available at school from Years 9 - 11.	£3.00 each (incl p&p)		
<b>Your guide to university with half a heart</b> - This booklet hopes to provide a guide for young adults with single ventricle heart disease who would like to explore going to university, and answer some of the questions you may have about life at university with a complex cardiac condition.	£3.00 each (incl p&p)		
<b>From Us to You</b> - bereaved families share their journey through grief.	£7.00 each (incl p&p)		
<b>Living With Anticoagulation</b> - this booklet aims to equip parents and children with an understanding of why anticoagulation is needed, how to manage it on a day-to-day basis and what the associated risks are.	<b>Free</b> P&p per booklet £0.68		
<b>Sports and Exercise Booklet</b> - a booklet written primarily for parents, but will be useful for young people with a single ventricle heart condition. It aims to give overall guidance for leisure and school sports and exercise and includes a chart which can be used by families to give an up-to-date personalised picture of what is safe for them.	£3.00 each (incl p&p)		
<b>Travel and Trips Booklet</b> - having a child with a heart condition should not prevent parents enjoying a holiday away from home or even abroad. This booklets aims to guide families through the planning of their holiday, weekend or even the first time their child goes away without them.	£3.00 each (incl p&p)		
<b>Total booklet cost</b>			<b>£</b>
<b>Total postage cost</b>			<b>£</b>
<b>TOTAL COST OF ORDER</b>			<b>£</b>

If you have any questions please don't hesitate to contact us either via email: [info@lhm.org.uk](mailto:info@lhm.org.uk) or phone: **0121 455 8982**

I enclose a a cheque/postal order for £\_\_\_\_\_ made payable to '**Little Hearts Matter**'

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Please return to

**Little Hearts Matter, 75 Harborne Road, 4th Floor, Edgbaston, Birmingham, B15 3BU**

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