



Little Hearts Matter

Little Hearts Matter

Telephone: 0121 455 8982; **Email:** info@lhm.org.uk
www.lhm.org.uk

© Little Hearts Matter 2010

A company limited by guarantee, registered in England and Wales, number 06442071,
registered office 11 Greenfield Crescent, Edgbaston, Birmingham, West Midlands, B15 3AU,
registered charity number 1123290.



Balance Sheet
As at 31 December 2009

	31 December £	As at 2009 £	31 March £	As at 2008 £
Tangible fixed assets		19,286		22,753
Current assets:				
Debtors	4,021		6,647	
Cash	155,407		203,944	
	<u>159,428</u>		<u>210,591</u>	
Creditors:				
Amounts falling due within 1 year	(9,030)		(28,749)	
Net current assets		<u>150,398</u>		<u>181,842</u>
Net assets		<u>169,684</u>		<u>204,595</u>
<i>Analysed as:</i>				
<i>General</i>		93,754		96,604
<i>Restricted Funds</i>		75,930		107,991

Chair's Report	4
Chief Executive	5
Youth Council	6-7
Treasurer Report	8
Statement of Financial Activities	9
Balance Sheet	10

Contents

Copies of the full signed financial statements which also include the independent accountants report are available from the Little Hearts Matter office.





Chair Report

Pete Turner

As a charity, Little Hearts Matter has continued to grow and develop during 2009, continuing to enhance the service and support being offered to our members, raising awareness of our support to potential members, medical professionals and the general public, as well as enhancing our reputation in the political arena.

One of our key objectives will always be to provide advice and support to our ever growing membership, with information and help available through a widening range of media. 2009 proved no exception to this, with a number of new publications available for our membership. These included a range of information and support for education in infant and junior school, a dental support leaflet and a sports and exercise leaflet. We also completed our antenatal support pack, which includes an information booklet and DVD and will be published in 2010.

2009 saw further development of our youth work, with a well attended and thoroughly enjoyed activity weekend in Cornwall, and ongoing development of our Youth Council. We have also got new and enhanced

information out to hospitals across the country to advertise our services and to raise awareness with the general public, as well as being a source of information to newly

diagnosed families.

Through 2009, we have begun work within the Safe and Sustainable process, looking at how we move surgical and medical support provision forward to provide the best possible opportunities for all of our member families. The process will continue through 2010 with the eventual changes to service being initiated in 2011. Little Hearts Matter has been able to contribute to this project because it has a clear membership voice as well as many partners within the health service.

Funding continues to be an issue for the charitable sector, and we are no exception to this. We continue to look for funding to help us develop our services, but in a difficult market, we are reliant on the wonderful financial support our membership provides. A majority of our funds continues to be raised for us by our membership doing the most amazing things. As a charity, we are extremely grateful for this, and it helps to reassure us that our membership really does appreciate the support and advice they receive from us.

2010 will see us continue to develop, as we look to provide the best possible support to our membership, develop our youth work to ensure our younger members have clear voice in the charity and our services, and work with the review teams to ensure the best possible medical services are available for our membership.

"Just wanted to say how much we enjoyed our first open day. It was really good to meet people who have been through the same as us and know what there is to come"



Statement of Financial Activities As at 31 December 2009

	Year ended 31 December 2009 £		Year ended 31 December 2008 £	
Incoming resources				
Donations	87,484	31.1%	65,001	32.4%
Fundraising	100,187	35.6%	83,473	41.6%
LHM Run	35,883	12.8%	14,239	7.1%
Corporate donation	34,608	12.3%	13,778	6.9%
Tax refunds	19,467	6.9%	5,399	2.7%
Grants	-	0.0%	10,000	5.0%
Other	3,520	1.3%	18,676	9.3%
Total income	281,149	100.0%	200,566	100.0%
Resources expended				
Cost of generating funds	(11,451)	3.6%	(10,091)	4.5%
Charitable activities:				
Salaries/agency staff	(154,086)	48.8%	(108,294)	48.3%
Building costs	(28,358)	9.0%	(17,394)	7.8%
Publications	(22,972)	7.3%	(7,448)	3.3%
PR	(12,112)	3.8%	(17,142)	7.7%
Depreciation	(11,109)	3.5%	(1,596)	0.7%
Open day	(9,165)	2.9%	(9,640)	4.3%
Travel	(9,096)	2.9%	(7,224)	3.2%
Activity weekend	(8,537)	2.7%	-	0.0%
Filming/Website	(3,061)	1.0%	(9,606)	4.3%
Other	(36,908)	11.6%	(27,258)	12.2%
Governance costs	(9,205)	2.9%	(8,361)	3.7%
Total expenditure	(316,060)	100.0%	(224,054)	100.0%
	2009		2008	
Net movement in funds:				
General	(2,850)		(10,780)	
Restricted	(32,061)		(12,708)	
	(34,911)		(23,488)	



Treasurer's Report

David Baumber

Introduction

Following the successful presentation of the financial information at the 2009 AGM, the Board of Trustees has decided to continue to present abbreviated accounts in March. The format is the same as that of last year to ensure that information is clear and the financial position is transparent.

Financial Review

The Statement of Financial Activities shows that there has been a net outflow of £34,911. This is the second large outflow in

consecutive years and has arisen in accordance with the Trustees' decision to utilise the restricted funds. During the year the charity has used monies raised in previous years to fund a new antenatal support pack including a DVD of family experiences. The general fund position is broadly neutral over the year despite the cost of running an activity weekend and the depreciation impact of the new websites. The Trustees aim to have between three and six months of core funding in the general fund cash position at any point in time.

The income in the year is broadly in line with the previous nine months when taking account of the different accounting periods. There is a slight change in the profile of the income with the charity holding a second running event in the south of England with the combined events generating an extra £21,644 of funds and there has also been a marked increase in the funds into the charity being eligible for Gift Aid. This has been publicised over recent years and nearly 7% of total income has been generated in this way. The membership continue to provide the majority of income for the charity through fundraising and donations with nearly 67% of funding coming from this source. This support is key during this economic downturn.

The balance sheet shows the continued good health of the cash position of the charity with over £150,000 of cash. There has been a marked fall in the creditor balance which has arisen due to the timing of payments for the new main charity and the children's websites.

As Little Hearts Matter moves from 2008 into 2009 there is a growing apprehension that the charity's well built service provision will be curtailed because of the economic and political forecast.

The challenges of a changing society.

- There will be a new congenital cardiac health service.
- Funding for Disability Living Allowance will alter.
- There will be changes in the education provision for children with special needs.
- More children will be making the transition from children's service to adult healthcare.
- There will be less funding available for all charitable organisations.

Little Hearts Matter has carefully planned the way forward.

The main role of the charity will be to offer ongoing support to families as they negotiate not only the ever changing pattern of their child's condition but also the added strains of a changing society. Further development of information tools that empower both the children and their parents will help them to achieve their full

potential.

Little Hearts Matter will also work to raise the voice of the charity's members but also work to raise the profile of the charity within any arenas for change.

Little Hearts Matter is a small charity that is working in a field where a number of large and small charities are offering a variety of services for families. LHM is unique in offering support and specialist information to anyone affected by single ventricle heart disease.

To continue to provide that service the charity will need to be creative, professional and cost effective, a challenge but one that the LHM team and it's members will work together to achieve.



Chief Executive Report

Suzie Hutchinson

"Thank you for the education DVD, we really enjoyed watching it and hope people will have a better understanding of the problems children born with this heart condition have to face on a daily basis."



Antenatal Information

A guide for parents following an antenatal diagnosis





Youth Council

Carys Allen

This is what Little Hearts Matter's youth members did in 2009!

At the start of the year we formed LHM's first youth council. Every youth member of the charity over 10 years old could apply and eight people are in the council. Once the LHMYC was formed, our first job was to agree a set of rules (a constitution) for who we would work as a team and attend meetings for the youth council. Then we held an 'online meeting' to discuss what we thought the most important things for the charity to focus on for teenage members and we wrote to Pete Turner to let the Board know what we thought.

Over the year the charity has been busy with SGUD making a youth website with information, confidential help, contact and games on. It was launched during the year and all youth members were able to go on whenever, which was great!

In May there was an activity weekend in Cornwall, which was for members and

their families. There were about 20 families that came for the weekend, where we stayed in houses and did activities every day like swimming, den building, dance and drama, football and a talent show at the end of the weekend, which anyone could take part in.

At the end of September we had a youth day at Suzie's where all us over 10's met up and had a fun day (without our parents) swimming, dancing, playing football, learning magic tricks and learning some things about our heart. It was a good chance to meet up with friends and get to know some other members.

In October Sarah Haselgrove and myself represented the charity at a House of Commons session about what extra considerations children with disabilities need when it comes to school. It was a great day, although a bit nerve-racking and made even more special by Baroness Valerie Howarth taking us for tea and a tour of the House of Lords!

At the AGM, the Youth Council met and discussed the idea of raising awareness of our condition, particularly among teachers - who can be a bit of a problem sometimes! We presented some drama work on the subject to the whole AGM and discussed the idea of making a DVD aimed at teachers which would help them understand the limits with having a heart condition like ours and how it affects us. This is now going to happen and we are looking forward to making it next year.



"I learnt a lot about my heart and how it works. Now I understand my heart better"
"I made loads of new friends with hearts just like mine"

